

DIPS, SOUPS & SALAD MENU

Foodalicious

DIPS

Egg Salad

Labneh (Yoghurt)

Olive

Tuna Salad

Smokey Eggplant

Beetroot

Liptauer
(Cheese & Paprika Dip)

Hummus

Tzatziki

Tahini

Matbucha Dip
(Spicy Tomato)

SOUPS

Asparagus

Spicy Lentil Soup

Pumpkin

Russian Borscht

Mexican Black Bean Soup

Split Pea & Smoked Bones

Cauliflower Soup

Minestrone

Sprout & Leek Soup

Chicken & Corn

Thai Pumpkin Soup

Thai Sweet Potato

Chicken Laksa

Creamy Mushroom Soup

Tom Kah Gai -Chicken or Tofu

Traditional Chicken Soup

Mushroom & Barley Soup

Tom Yum

French Onion Soup

Potato & Leek Soup

Vegetable Soup

Goulash Soup

Provencal Vegetable Soup

Vegetable & Beef Soup

SALADS

Ancient Grain, Pea & Herbed Salad

Freeka & Herb Salad

Roasted Pumpkin Red Onion
with Pistachio

Asian Coleslaw with Crunchy
Noodles

French Salad

Soba Noodle, Asian Greens with,
Red Cabbage, Pomegranate &
Soy Dressing

Traditional Coleslaw

Greek Salad

Sweet Potato, Back Quinoa,
Cranberries & Rocket Salad

Beetroot & Halloumi with
Pomegranate & Dill

Israeli Salad

Spinach & Strawberry Salad

Beetroot, Orange & Goat
Cheese Salad

Kale with Roast Vegetable Salad

Tabouli with Pomegranate

Cauliflower, Dates &
Pomegranate

Miso Brown Rice & Broccoli with
Teriyaki Chicken

Thai Beef Salad

Chicken Caesar Salad

Salade Nicoise

Tomato & Bocconcini

Fattoush with Crispy Falafel
& Tahini

Penne with Pesto

Traditional Russian Potato Salad

Watermelon Feta & Pumpkin Seed

Fennel & Salmon & Spinach Salad

Potato and Parsley Salad

Roasted Carrot & Fennel &
Blood Orange

Wild Rice Salad